

Hidden Cache Prepper Emergency Supply Checklist- Home

Important Documents (copies of the following)

- Driver's License
- Passport
- Social Security Card
- Birth Certificates
- Insurance Cards: home/auto/health/renter's
- Account numbers to financial accounts
- Titles/Deeds/Contracts, etc.

Food & Food Storage (plan on a 3 weeks' supply, minimum)

- Canned meats
- Canned veggies and fruit
- Freeze-dried and dehydrated foods
- Spices: Salt & Pepper/Garlic & Onion Powder/Sugar/Cinnamon/
- Condiments: Mayo/Mustard/Ketchup/Honey/Syrup
- Snacks & comfort foods
- MREs- Meals Ready-to-Eat
- Plastic & Paper Tableware
- 5-gallon food storage buckets & Mylar bags with oxygen absorbers

Water & Beverages (plan on a 3 weeks' supply, minimum)

- Water: 1 gallon per person, per day
- Gatorade/ Pedialyte (to replace electrolytes)
- Coffee/Tea
- Vodka/Brandy/Whiskey/Beer/Wine: medicinal value and for trade with others!
- Milk and Milk Powder
- Goat/Almond/Oat/Rice, etc.

Medical

- Surgical & N95 Masks
- Prescription medications
- Over-the-Counter medications: cold/pain/antidiarrheals/antibiotics/allergy
- Herbal & homeopathic remedies
- Witch Hazel
- Isopropyl/Rubbing Alcohol & Hydrogen Peroxide
- Comprehensive First Aid Kit with extra Sterile Gauze and Tape
- Tourniquets (3)
- Assistive devices: braces/canes/walkers/scooters/eyeglasses/hearing aids

Hygiene & Personal Care

- Feminine hygiene products
- Toilet paper & flushable wipes
- Diapers: infant & adult, if applicable
- Hand Sanitizer/Soap/Shampoo/Body Wash
- Deodorant
- Baby Wipes/personal wipes
- Cotton Balls/pads
- Bed Pads
- Hair care products & accessories

Always perform your own needs assessment and consult your healthcare provider for medical guidance.

Hidden Cache Prepper Emergency Supply Checklist- Home

- Dental Care: toothbrush/toothpaste/floss/mouthwash & denture care accessories

Communications

- Portable hand-crank AM/FM radio
- Two-way Radios
- Whistles (1 per family member)
- Ham Radio
- Notebook/Ink pen & Sharpie

Power

- Solar Generator
- Dual Fuel Generator
- Batteries: AA/AAA/C/D, plus whatever specialty batteries are needed
- Phone Chargers (3)
- Laptop & tablet charging cables
- Gas & Propane tanks
- Charcoal/firewood/fuel pellets/Chafing Fuel

Lights

- Flashlights
- Camping Lanterns
- Candles
- Glow Sticks
- Matches & lighters

Miscellaneous Items

- Coolers for food storage
- Tarps & Visqueen
- Duct Tape
- Tools
- Crowbar/Ax/Hatchet/Machete/Hand Saw
- Trash & Contractor's bags
- Tent
- Space Blankets
- 5-gallon buckets for waste elimination
- Sawdust/cat litter
- Bungee Cords & Paracord
- Camping stoves & fuel
- Playing cards/books/board games
- Teddy Bear or child's favorite toy

Pet Supplies

- Veterinary Records
- Leash & Collar
- Kennel
- Food & Water
- Medication
- Toys
- Blanket

Always perform your own needs assessment and consult your healthcare provider for medical guidance.

