

Hidden Cache Prepper Emergency Kit- Office

Power & Communication

- Flashlight
- Extra batteries or charging cord for flashlight
- Phone Charger or Battery Pack

Change of Clothes (consider seasonally appropriate garments)

- Comfortable clothes (suitable for the situation or dress code)
- Comfortable shoes
- Change of socks & underwear
- Jacket or Hoodie

Food & Water

- Personal Water Bottle
- Trail Mix/Energy Bars/Fruit

Personal Care/Toiletries/Medication

- Prescriptions Meds
- Feminine Hygiene products
- Personal Care Wipes/Deodorant/Lotion/Dental Care items
- Pain & allergy meds/Anti-diarrheal
- Surgical & N95 masks
- Chap Stick/Sunscreen

Miscellaneous

- Blanket
- Book (for reading)